

MOLLY POTTER

emotional literacy & wellbeing

Relationships and Sex Education (RSE)

This training day is aimed at primary school teachers, PSHE coordinators, headteachers and/or school governors who have a responsibility for their school's PSHE – including SRE. The day will help schools know how to confidently approach all aspects of SRE – from developing an appropriate programme, helping parents to understand the benefits of SRE, considering good practice in teaching SRE and making teachers feel confident delivering this subject.

Molly will also give some ideas for active learning techniques suitable for prompting discussions and investigating what children already know about these topics – a step away from, 'let's put the video on' and 'sex after SATs'!

Objectives

- To consider the aims of Relationships and Sex Education (RSE)
- To reflect upon our own experiences of 'sex education' and how this affects our attitude towards teaching it
- To consider what needs to be taught – when and why
- To reflect upon PSHE teaching styles and how to maximise the chance of positive behaviours in children and young people with regard to health
- To explore good practice in delivering RSE
- To consider 'tools' that help teachers feel comfortable teaching the subject
- To know what needs to go in an RSE policy